

U.G. 4th Semester Examination - 2021**FOOD & NUTRITION****[HONOURS]****Course Code : F&N-H-CC-T-10****(Clinical Nutrition and Diet Therapy-II)**

Full Marks : 20

Time : 1 Hour

*The figures in the right-hand margin indicate marks.**Candidates are required to give their answers in their own words as far as practicable.*

1. Answer any **five** questions: $1 \times 5 = 5$
- a) List any two manifestations of anorexia nervosa.
 - b) What is OGTT?
 - c) What is uremia?
 - d) State the role of antioxidants in the diet of atherosclerosis.
 - e) What is essential hypertension?
 - f) What is Malnutrition Related Diabetes Mellitus?
 - g) State the importance of BMI.
 - h) What is dyslipidaemia?

2. Answer any **one** question: $5 \times 1 = 5$
- a) Write about the protein and sodium recommendations for a patient undergoing dialysis.
 - b) Write the composition of atherosclerotic plaque.
 - c) What is diabetic retinopathy?
3. Answer any **one** question: $10 \times 1 = 10$
- a) “Not obesity, but underweight is the major problem of developing countries”—Elaborate the statement. Indicate the energy recommendations for a person suffering from obesity. What are the consequences of long term obesity? $2+3+5=10$
 - b) Classify serum Triglyceride, HDL-c, LDL-c levels with interpretations. Write about the role of dietary fat in the management of CVD. How dietary fibre helps cholesterol regulation? $3+4+3=10$
 - c) Discuss the dietary management of acute glomerulonephritis. Write about the indication of BUN levels in diagnosis of renal disease. $6+4=10$
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