

2.	Laboratory Note Book	5
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U.G. 4th Semester Examination - 2021**FOOD & NUTRITION****[HONOURS]****Course Code : F&N-H-CC-P-8****[PRACTICAL]**

Full Marks : 20

Time : 2 Hours

The figures in the right-hand margin indicate marks.

1. Determine the BMI of a subject having weight 65kg and height 165cm. Interpret your result after comparing the same with reference values. State the procedure of BMI measurement. 3+3+4

OR

Discuss the principle and procedure of measurement of body fat percentage using any appropriate equation. Explain the equation (which you are using for calculation) in detail assuming the data of your own choice. 3+3+4

OR

Discuss the principle and procedure of measurement of waist to hip ratio of a subject. If waist to hip ratio of a subject is 1.2 then interpret your result.

4+4+2

[Turn over]